

Deniliquin High School  
 Year 10 PDHPE Scope and Sequence  
 Staff Coordinator: Mr. Anthony Michael

Term	Wk	Theory	Practical		Assessments
<b>1</b>	1	<b>Heat week</b>			
	2	<b><u>Movement Skill &amp; Performance</u></b> (Biomechanics)	<b><u>Indoor Games;</u></b> (Cricket, Soccer, Thunder Hockey, Badminton)		<b>AT1:</b> Movement Skill & Performance PowerPoint (10%) T1Wk 8
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	7		<b><u>Outdoor Games;</u></b> (Cricket, Soccer, Hockey, Speedminton)		<b>AT2:</b> Comparison of indoor & outdoor sport (10%) T1Wk 11
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11	<b><u>Risky Business</u></b> (Relationships, sexual decision making & contraception)				
2					
3		<b><u>Modified Games</u></b>	<b><u>At the Gym</u></b> (Exercising safely)	<b>AT5:</b> Newsletter Article about contraceptives (20%) T2Wk7	
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<b>3</b>	1	<b><u>Domestic Violence &amp; Date Rape</u></b>	<b><u>Ballroom Blitz</u></b> (Ballroom Dancing)		<b>AT6:</b> Participating in Ballroom Blitz (5%) & Practical assessment of waltzing technique (10%) T3Wk 8
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