

# Deni High News



Principal: Glen Warren

Deputy Principals: Peter Astill and Robyn Richards

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## STUDENT VOICE

### YEAR 10

On the behalf of Year 10, we would like to thank all the staff for their extra efforts this year in making learning from home as easy as possible. This year has been full of ups and downs but we couldn't of done it without you. We would especially like to thank our Year Adviser Miss Hatton, for guiding us along the way and for taking part in the planning of events to make it more enjoyable, we are all very grateful. And lastly a big thanks to Miss Scoullar for being a part of this years SRC, you have brought us many laughs, big smiles and we couldn't of asked for more, we are all certainly going to miss you. Year 10 wishes everyone a very Merry Christmas and a Happy New Year!

### YEAR 11

As we all know this year has been a lot, and we can say as Year 11, we are glad it is finishing. After kicking off our first term of Year 12 work, we have got a taste of what is yet to come. Thank you to all our teachers for helping us begin the new syllabus for each subject and thank you to all the teachers who have put their hands up to give us extra help with the Year 12 10% on top program.

## DATES TO REMEMBER

### TERM 4

- 15 Presentation Afternoon (MPC)
- 16 Last day of Term

### ASSESSMENTS DUE

#### Week 10

Yr 12 Assessments: Visual Arts, Ag  
CAFS, Modern History,  
Work Studies, Physics , SLR

### 2021

#### TERM 1

#### FEBRUARY

- 5 First day, Years' 7, 11 & 12
- 8 All students return
- 10 Swimming Carnival

#### MARCH

- 23 Staff Development Day



## PRINCIPAL MESSAGE

The year is ending but we are still busily working at the school. Planning is going ahead for next year with some exciting initiatives on the way. In 2021 we will be continuing to develop the Sustainability project in Year 8 as well as introducing a new project in Year 7. This is a project-based initiative that will empower students to engage in reconciliation, respect and recognition of the Aboriginal and Torres Strait Islander culture. Student will develop an understanding of the interconnected elements of Country/Place, Culture and People. Students will learn the local Aboriginal language instead of Italian from 2021 onwards. A big thank you to Brenda Norman who is developing this initiative.

We have had a number of staffing changes and shuffling of staff within the school. Robyn Richards will remain as the second Deputy Principal for the next 4 years with Beth Kermode taking up the Head Teacher English position. Brenda Norman will be Head Teacher Instructional Leader and Donna Van Lieshout Head Teacher Wellbeing, these positions are also for a four-year period. Josh Perizzolo will take over as Senior School Coordinator in 2021 while Lana Scoullar will be working in the area of integration.

I would like to congratulate Anthony Bradley who has been chosen through merit selection to be the new Head Teacher Technology and Applied Studies at Barham High School. I would like to thank Anthony for his commitment to Deniliquin High School during his time here and to wish him all the best in his new adventure. I would like to wish Marita Leetham all the best as she has transferred to Deniliquin North Public School for 2021. Thank you to all of those staff who have been with us this year supporting our wonderful students and school. We will have a number of new staff who we will introduce in the new year.

Peter Astill, Robyn Richards, Donna Van Lieshout and Brenda Norman joined myself and our Captains and Vice Captains at training on the 24<sup>th</sup> and 25<sup>th</sup> of November around restorative practice. Restorative practice is a whole school teaching and learning approach that encourages behaviour that is supportive and respectful. It puts the onus on individuals to be truly accountable for their behaviour and to repair any harm caused to others as a result of their actions. A restorative approach focuses on building, maintaining and restoring positive relationships, particularly when incidents that involve interpersonal conflict or wrongdoing occur. Two parent sessions were held at Intereach and it was great to see a group of our parents attend. Deniliquin High School will be combining with Edward Public, Deniliquin North and Deniliquin South Public School to complete ongoing training on this in March next year as we all look to implement this into our schools. If you missed the parent sessions more will be held next year. The schools will be working with a range of other community members to implement this into our town.

Presentation night will not be held this year due to COVID restrictions. In its place we will be holding a presentation afternoon between 1:30 and 3:00pm on Tuesday 15<sup>th</sup> December. We will be livestreaming this event as we are still not allowed to have parents on the school site. At 3:00pm on the Tuesday all students will receive their yearly reports.

The 2021 school year will commence in the first week of February. Staff will return to school for training around CPR and anaphylaxis, the use of technology and planning for the new year on Wednesday the 3<sup>rd</sup> of February and Thursday the 4<sup>th</sup> of February. Years 7, 11 and 12 will return on Friday the 5<sup>th</sup> and Years 8-10 on Monday 8<sup>th</sup> February. The Department have changed the start and end dates for 2021 with the school year ending on Thursday December 16<sup>th</sup> for students and teaching staff.

Thank you to all of my staff for the wonderful work that have done through trying times this year, the commitment that they show to students is truly amazing. I would like to wish everyone a safe and merry Christmas. This time will allow us all to reflect on the year that was, to spend time with families who we can now see and to enjoy the company of friends.

I look forward to a rewarding and positive 2021.

Glen Warren  
Principal



## ENGLISH NEWS

It has been a busy week for our Year 7 classes who have been celebrating the conclusion of their Italian studies and Drama practice. On Monday in Week 8, all classes embarked on their journey through Italian culture. They were three activities running throughout the day; cooking with Ms Sinha, mask making with Miss Hof and bocce in the park with Mr Tobin. The canteen also provided Italian themed meals on the day for the whole school to purchase if they desired.



On Wednesday of Week 9 the Year 7 classes then headed to the MPC to take part in the annual Drama Extravaganza, which challenges students improvisation skills and teamwork. It was a fierce competition with each class submitting very talented and confident teams making our judges Eliza Baker and Ms Kermode's job very difficult. 7 Green and 7 Red made it to the finals with Miss Johnson's 7 Green coming out on top.

A huge thank you to all the staff involved in making these two events a success.



## YEAR 10 DRIVER EDUCATION

With COVID restrictions impacting on some activities normally experienced during Driver Education Week, the ever adaptable committee floated the idea of incorporating some faculty based activities to round out the program. As the students also missed out on their regular excursion to Sydney, the PDHPE Faculty organised a one day excursion to Family Funland in Griffith to watch a movie and play lasertag and ten pin bowling.

What eventuated was an eight day action-packed program which took place in Weeks 7 and 8 of this term, from Wednesday 25<sup>th</sup> November to Friday 4<sup>th</sup> December.

The following activities were incorporated into the 8 day program;

- **Love Bites;** an intervention program run by Vinnies Services, reinforcing respectful relationships and educating students about domestic violence and sexual assault.
- **Family Funland;** a one day excursion to Family Funland in Griffith. Students watched a movie and got to do ten pin bowling, laser tag, and other activities.
- **Maths Field Day;** students worked in groups and took part in a range of mathematical problem solving activities.
- **Activity Afternoon;** students selected from a range of activities being offered by the CAPA/HSIE Faculty, including a trivia quiz and an escape room.
- **Long Table;** a day excursion to the Long Table Restaurant, near Blighty. Students did a farm tour, were involved in preparing a pizza lunch and witnessed a whip cracking demonstration.
- **Mystery Box Challenge;** students were given a scenario and a list of available ingredients. Time was allocated to researching possible recipes and then preparing and cooking a meal. The dishes they created were judged and then they ate their meal for lunch.
- **Car Maintenance;** students travelled to All Terrain Automotive to learn the basics about car maintenance and inspecting a prospective vehicle for purchase.
- **The Social Media Dilemma;** students viewed the documentary and took part in discussions and learning activities related to their use of social media.
- **Deniliquin Car Club;** a full day of driving at the Deniliquin Car Club.
- **Mock Accident;** students witnessed our emergency services in action as they responded to a mock accident and removed and treated victims trapped in a car following a collision.
- **ATA Truck;** this group travels from Northern Australia each year to be a part of our program. The truck is fitted with interactive activities to raise students' awareness of scenarios they may encounter on the roads when driving near heavy vehicles.
- **Road Rage – practical self-defence;** presented by past DHS student Daniel Zrajko, students learnt about keeping safe and how to maintain your personal safety when travelling on public transport.
- **Disability Sports;** conducted by the Year 10 PASS classes as an extension of the work studied regarding disability sports. The students designed a range of disabled sporting activities for their peers to experience.

Thank you to the dedicated Driver Education Sub-Committee and the many generous community organisations and businesses that have contributed to this most worthwhile program. Your support is appreciated. Thanks also to the CAPA, HSIE, Math's, TAS and English Faculties for getting involved and conducting sessions that the students really enjoyed.

In addition, every student who completed the program will be eligible for a FREE 1 hour driving lesson with local instructor, Brian Purtill. This lesson is funded by the Driver Education Sub-Committee.

Mr A Michael  
HT PDHPE







## WELL BEING MATTERS

What a year it's been!

It would be very easy to write 2020 off as a year of catastrophes when the words COVID-19, pandemic and epidemiologist became every-day terms. Despite all the challenges that this year presented, we have much to be grateful for in our Well-being area so I thought I'd practise what I preach and say thank you.

Thank you to all the Year Advisers who spend much of their time inside and outside of school planning ways to support the students of Deniliquin High School. This includes running events, making contact with families and reading (and editing) hundreds of reports every year. We are fortunate to have such a great team of caring professionals looking after our students.

Thank you to our Girls' and Boys' Advisers who support the Year Advisers and implement programs to develop resilience and positive well-being in our school.

Thank you to our dedicated Well-being Faculty; our School Counselling team, Dianne Nash and Haylee Chadderton; our Well-being Health In-Reach Nurse, Callie Learmonth; and our Student Support Officer, Kylie Andrews. Nothing is too much for them and the number of programs and hours of support that have been offered to the students of Deniliquin High School is astounding.

Thank you to Leah Robinson who not only supervises the Well-being Reception but also creates, edits and produces all of the publications for the school; from the colourful Facebook infographics to the booklets that go out to families.

Thank you to our Aboriginal Education Team for their daily support of our students and their efforts to promote culture and connectedness. We especially thank Mrs Hay for her many years of service to education in Deniliquin and wish her good fortune in her retirement.

Thank you to our para-professional staff, Alana Parker and Shane McGrath, who have enriched our school with their incredible artistic and musical talent. We sincerely thank Ms Parker and wish her well as she makes the big move to Newcastle with her family.

Thank you to our Principals, Kym Orman and Glen Warren, whose vision and encouragement have allowed this Well-being Unit to develop.

Thank you to all staff who support our students' education and well-being and make a real difference in someone's life, every day.

Thank you to our community members who have given so much to our school this year, allowing us to offer the range of programs and services that we do. Special thanks must go to the following organisations:

- Vanessa, Tamara and Nick (Vinnies Services) and Susie (Murray Mallee Training Company) for their weekly support of The Hub
- Baker's Delight, IGA, Coles, Deniliquin Bakery, Foodbank, the Deniliquin Community Group and Deniliquin High School P&C for their support of the Breakfast Program
- Yarkuwa Indigenous Knowledge Centre, Deniliquin Local Aboriginal Land Council and Tirkandi Inaburra Cultural and Development Centre
- Intereach, Personnel Group, Murray Shire Council Youth Engagement Officer and NSW Police

Thank you to the members of the SRC. This group of students have embraced the challenges of 2020 and helped make Deniliquin High School a better place by helping out on programs and organising events. We especially thank those students who are leaving the SRC this year.

Finally, thank you to the wonderful students of Deniliquin High School who are the reason that we do what we do.

With such an extensive network of support for our Well-being initiatives, 2021 is bound to be an exciting year.

Merry Christmas,

Donna Van Lieshout  
Head Teacher Well-being

## WELL BEING MATTERS CON'T

### STAFF CHRISTMAS COMPETITION

Thanks to the suggestion of elves, Catherine Werner and Fiona Leslie, the staff of DHS have been busy decorating their faculty areas with Christmas cheer. Check out some of their efforts.



### BREAKFAST PROGRAM

A Big Thank you to The Bendigo Bank who have generously donated \$ 3000.00 to the Deniliquin High School Breakfast Program. Thank you to the P & C who made this happen!  
 We would also like to thank Coles Supermarket Deniliquin who have generously donated \$ 1200.00 to our breakfast program.  
 The Breakfast Program has been a huge success this year and we look forward to it continuing in 2021.





## WELL BEING MATTERS CON'T

### ART PROGRAM

This year has been trying at times, with many ups and downs, challenges we had not encountered previously, but a year for the record book – that is for sure. Amongst the chaos the wider world provided us, 2020 also gave us some special memories, experiences, and skill growth.

The Well Being Art program was a successful opportunity for students involved, it provided positive escapism and a practical 'break' from the curriculum.

Students were given the opportunity to work in various mediums, all shapes and sizes. Working in small groups students were able to grow specialist art skills tailored to their needs.

This year the Well Being Arts Crew completed 3 large scale murals to be exhibited throughout Deni High.

Term 4 students worked on artmaking of their choosing, allowing students to explore materials and approaches to art that is personal to them – and of course, take their artmaking home.

Miss Parker is extremely proud of the positive attitude and work completed by the Arts Crew, and wishes them all the very best in their future endeavors.

MERRY CHRISTMAS!! AND A HAPPY 2021!!





# WELL BEING MATTERS CON'T





## WELL BEING MATTERS CON'T

### YEAR 7 TRANSITION

Our Year 7 Transition may have looked a little different this year, however much fun was had by all! We were lucky enough this year to create a Wellbeing bag for our students participating in our transition Day. We were fortunate enough to have the support of organisations like Good360 to gift a fantastic bag to our future Year 7 students. This is the first year we have put together a Wellbeing bag and it was welcomed by some very excited students. We used the Empowerment packs that we received from Good360 to add many goodies to the transition bags.

We were also lucky enough to receive a variety of T-shirts that have been donated to our MC Classroom, Art department and Indigenous art group. We plan to use these in 2021 in our curriculum to create painted Artwork on T-shirts and any other fantastic ideas our very talented Creative Art and Performing Arts faculty come up with for 2021.

We would like to thank Good360 for their generous donations and look forward to 2021!

The Wellbeing Team at Deniliquin High School



### 6 INTO 7 TRANSITION BIG THANK YOU

We would like to thank the following community groups for their contribution to our wellbeing bags for our year 7 transitions students. The students were most excited to receive a bag each at the end of their big day!

Yarkuwa Indigenous knowledge Centre  
 Deniliquin Local Aboriginal Land Council  
 Personnel Group  
 Edward River Council  
 Gitten's Family  
 Department Community Justice  
 Beyond Blue  
 Murray Shire Youth Engagement Program  
 Deniliquin Mental Health Awareness Group  
 Service NSW  
 Intereach  
 NSW Health Community Dental  
 Vinnies Services  
 Farming Community Counselling  
 Riverina Institute of TAFE  
 Good360





# WELL BEING MATTERS CON'T

## DENILIQVIN LHAC CHAT

### YOUTH MENTAL HEALTH AND WELLBEING

### NEED HELP?

Accessline 1800 800 944  
 Central Access and Navigation Service  
 MPHN - 1800 931 603  
 Lifeline 13 11 14

Today we bring you a special edition on youth related mental health and wellbeing services and not only remind you what is available in our community, but also focus on digital resources. Youth mental health services and digital resources provide great information on wellbeing and a lot of topics that can impact the wellbeing of our children and youth. Wellbeing is a focus on these digital sites and addresses more than just mental health problems. They hold a wealth of information with a focus on all things youth.

Young people do get depression and anxiety. According to beyondblue, one in seven young Australians experience a mental health condition and mental health related issues. This can lead to suicide, accounting for the biggest cause of death amongst our youth. Further evidence suggests three in four adult mental health conditions emerge by age 24, and half by age 14. The importance of knowing all this, and recognising it, is that early intervention and seeking the right help at the right time can significantly change the longer-term impact of mental health issues on the young person's life.

#### SERVICES AVAILABLE IN DENILIQVIN

**Murrumbidgee Local Health District** offers a range of mental health interventions through CAMHS (Child and Adolescent Mental Health Services) and My Step to Mental Wellbeing. These services can be accessed through Accessline 1800 800 944 or MPHN Central Access and Navigation Service on 1800 931 603.

**Private Practitioners offering counselling** can be accessed by starting with a visit to your GP to get a MHTP (Mental Health Treatment Plan) done and getting a referral to a counsellor. These counselling services might be face to face or online. Visit Deni MHAG website @ [www.denimentalhealth.org.au](http://www.denimentalhealth.org.au) for a list of private practitioners.

**Reach Out And Relax (ROAR)** work with young people ages 12-18 and their families who are showing early signs or at risk of developing a mental health issue. Contact Intereach on 1300 488 226.

**Vinnies Services** provides support to young people and their families to prevent homelessness. This might also include working with their school, and other providers to maintain their education and training and prevent them from disengaging and falling into the homelessness cycle. For more information call Vinnies on 5881 7411.

#### ONLINE AND DIGITAL RESOURCES

There are many benefits to using online resources. Not only is it free and can be accessed from the safety and comfort of a young person's home or personal space, but it is very well suited to the digital skills of young people. Many services offer access to counselling or someone to talk to, but importantly also educates and provides reliable information. Understanding what is happening for us and what we can do about it, can reduce fear, isolation and stigma preventing help-seeking. Not all digital resources suit everyone and we encourage you to jump online and look at this resource below @ [www.emhprac.org.au](http://www.emhprac.org.au)  
 These resources provide links to crisis support, interactive treatment programs, counselling support and useful APPS.

#### Crisis Support

##### Digital Mental Health Gateway

###### Head to Health

**Head to Health**  
 A website that links Australians to online and phone mental health services, information and resources.  
[headtohealth.gov.au](http://headtohealth.gov.au)



**Kids Helpline**  
 Phone and real time web-based crisis support for youth (5-25yrs).  
[kidshelpline.com.au](http://kidshelpline.com.au)  
 1800 55 1800  
 (Phone: 24hrs)



**1800RESPECT**  
 Telephone and online counselling service to assist people experiencing sexual, domestic and family violence.  
 1800 737 732 (24/7)  
[1800respect.org.au](http://1800respect.org.au)



**Youth beyondblue**  
 Information, online and phone counselling for young people (12-25yrs)  
 1300 224 636  
[youthbeyondblue.com](http://youthbeyondblue.com)

**"Together we can make our community kinder and more supportive for people. Thanks to Deniliquin Mental Health Awareness Group and Channel4Change for supporting this page"**

#### Useful Programs and Websites



**BITE BACK**  
 Online activities, psychoeducation and positive psychology aiming to promote wellbeing and resilience in young people (12-25yrs).  
[biteback.org.au](http://biteback.org.au)



**The BRAVE Program**  
 Prevention, intervention, and treatment of anxiety in young people. Includes child (3-7 and 8-12), teen (12-17), and parent components.  
<http://brave4you.psy.uq.edu.au>



**The Desk**  
 Online tools, quizzes, information and forums to promote mental and physical health and wellbeing in students.  
[thedesk.org.au](http://thedesk.org.au)



**MoodGYM**  
 An online program teaching cognitive behaviour therapy skills to manage symptoms of depression and anxiety.  
[moodgym.anu.edu.au](http://moodgym.anu.edu.au)



**Livewire**  
 Online community to help young people (12-20yrs) cope with serious/chronic illness or conditions.  
<https://livewire.org.au>

#### Counselling Support



**Butterfly Foundation**  
 Online and phone counselling, information, and support groups for people concerned about eating disorders.  
 1800 334 673  
[thebutterflyfoundation.org.au](http://thebutterflyfoundation.org.au)



**CanTeen**  
 Phone, online and email counselling and forums to help young people (12-24yrs) cope with cancer.  
[canteen.org.au](http://canteen.org.au)  
 1800 835 932  
[support@canteen.org.au](mailto:support@canteen.org.au)



**headspace**  
 Internet chat, email or phone support for young people (12-25yrs) with a range of issues.  
[headspace.org.au](http://headspace.org.au)  
 1800 650 890



**Qlife**  
 Online 'chat' and phone counselling for lesbian, gay, bisexual, transgender and intersex people (LGBTI)  
 1800 184 527  
[qlife.org.au](http://qlife.org.au)

#### APPS



**This Way Up TeenSTRONG**  
 Online course (low cost) for teens transitioning into adulthood. Requires the supervision of a parent or carer and a prescription from clinician.  
[thiswayup.org.au](http://thiswayup.org.au)

#### APPS



**MindSpot 'Mood Mechanic Course'**  
 - An online program for stress, worry, anxiety and depression in people aged 18-25.  
[mindspot.org.au](http://mindspot.org.au)



**Recharge**  
 A six-week program aiming to improve mood and energy levels by establishing a good sleep/wake routine.  
[itunes.apple.com/au/app/re-chargesleep-well-be-well/id878061267mt=8](https://itunes.apple.com/au/app/re-chargesleep-well-be-well/id878061267mt=8)



**Smiling Mind**  
 A website and app teaching Mindfulness Meditation to young people and adults.  
[smilingmind.com.au/](http://smilingmind.com.au/)



**ReachOut**  
 Practical tools and support to help youth (under 25) get through everything from everyday issues to tough times. Includes toolbox of apps.  
[reachout.com](http://reachout.com)



**BeyondNow**  
 An app and online tool that involves creating a safety plan the users can work through when experiencing suicidal thoughts.  
[beyondblue.org.au/get-support/beyondnow-suicide-safety-planning](http://beyondblue.org.au/get-support/beyondnow-suicide-safety-planning)

The Deniliquin Mental Health Awareness Group (Deni MHAG) is a local not-for profit, charitable group that has been in existence since 2003, raising awareness of mental health and signposting the way to services in our local community. We have an active website, currently being updated, where these resources can be found with all the digital links. Information on all local mental health services and pathways are also available on the website.

We work closely with Channel4Change, an initiative to raise funds and awareness about rural and youth mental health. These pages have been made possible with funding from C4C initiative.



Deniliquin Mental Health Awareness Group

[www.denimentalhealth.org.au](http://www.denimentalhealth.org.au)

[www.channel4change.com.au](http://www.channel4change.com.au)



This column has been made possible by Deniliquin Local Health Advisory Committee with funding from Murrumbidgee PHN's Murrumbidgee Community Grants.

KEEPING THE COMMUNITY INFORMED



## CAREERS NEWS

For our last newsletter from the Careers Office, I would like to sincerely thank all of the Deniliquin Community for the wonderful support provided for our students at Deniliquin High School. Your constant open door policy with our important school initiatives is vital in helping to shape and foster the future of this town. THANK YOU ALL!

### FREE JOB TRAINER COURSES AT TAFE

If you have Year 11 students who are over 17 years and considering leaving school, JobTrainer can provide them with hundreds of fee-free\* and low cost courses, all targeted at sectors identified as growth areas. Find out more: <https://www.tafensw.edu.au/jobtrainer>

### SCHOOL HOLIDAY: 3D DESIGN AND CODING WITH ADVANCED VIRTUAL REALITY 18 JANUARY 10.30AM

Create an online virtual world!

Participants will learn how to create online 3D Virtual Worlds that can be visited in a web browser or through Virtual Reality!

Google Cardboard VR viewers will be provided to each participant. You will be contacted when your headset is ready for collection at your nominated Library.

<https://www.eventbrite.com.au/e/school-holidays-virtual-reality-workshop-via-zoom-ages-10-tickets-128081419975>

### CHANGE OF UNIVERSITY PREFERENCES THROUGH VTAC – YEAR 12

It's easy to add or remove courses on your preference list. The following outlines the when, where and how of changing your course preferences.

During specified periods you will be able to add, remove or re-order your course preferences in your course application.

You may want to change your preferences if you have changed your mind about which course you most want to study, if a new course has become available and you would like to add it to your preference list, or if a course you had applied for has been cancelled and you want to replace it in your preference list.

There is no cost involved in changing your preferences. As long as you pay your course application processing fee, you can change your preferences as much as you like within the specified periods.

Tertiary institutions provide a range of seminars, workshops and hotlines to assist applicants with changing their preferences. Follow this link for full details on how to change VTAC preferences:

<https://www.vtac.edu.au/applying/courses/cop.html>

### CHANGING PREFERENCES AFTER YOU RECEIVE AN OFFER WITH UAC – YEAR 12

Your offer will be to the highest preference for which you are eligible and competitive enough. If you're not made an offer to your first preference, but are eligible and competitive enough for your second preference, you'll be made an offer to your second preference.

If you receive an offer to your first preference in one offer round, you won't be considered for your lower preferences in subsequent offer rounds unless you change your preferences. For full details on how to change UAC preferences head to:

<https://www.uac.edu.au/current-applicants/undergraduate-applications-and-offers/changing-preferences-after-you-receive-an-offer>



### VISUAL ARTS NEWS

Year 7 Visual Arts would like to wish everyone a Merry Christmas. Their tree has been decorated in beautiful hand sculptured wire insects and up-cycled Christmas decorations.



### DRIVER EDUCATION AWARD CEREMONY IN CANBERRA

Thank you to the Australian Road Safety Foundation for providing an awards platform in which to share the message of road safety. Deniliquin High Schools week long Driver Education Program for all year 10 students was announced as the winner of the Schools Programs Award. Presented on Wednesday by The Honourable Michael McCormack, Senator Susan McDonald and Suncorp’s Dan Wilkinson at Parliament House. This is a Deniliquin Community Award to which all involved should be extremely proud of this National recognition We are so grateful to our local communities’ contribution and to all of the services, businesses, agencies and volunteers that contribute, we could not run this program without you.

Congratulations to the Australian Trucking Association’s (ATA) TruckSafe Accreditation Program who won both the Corporate Fleet Safety Award and the overall Founders Award for Outstanding Achievement. The ATA is part of the Deniliquin High School Driver Education Program, providing us with the Safe T360 truck.



### SPORT NEWS -HOUSE CAPTAINS 2021

#### EDWARD

##### CAPTAINS



DEAN MACDONALD



ELENA MULHAM

##### VICE CAPTAINS



BONNIE EVERETT



ISAAC WILSON

#### COLLIGEN

##### CAPTAINS



DAVID TRUEDSSON



ANNIE HARVEY

##### VICE CAPTAINS



IAN GRAY



JESSICA HILLIER

#### KYALITE

##### CAPTAINS



CHARLIE HILLIER



MATILDA GLOWREY

##### VICE CAPTAINS



IZAACK DAVIES-WILSON



CHANTELLE MOLLOY

#### NYRANGI

##### CAPTAINS



JACK MICHAEL



JAYE CHARLTON

##### VICE CAPTAINS



MARCUS MOORE



JESSICA DOVER



### SPORT NEWS CON'T

Wednesday saw the final sport block of 2020. There is a fun activity planned for next week.

Pictured below - action from Wednesday at the Deniliquin Stadium



## SWIMMING CARNIVAL 2021



**WEDNESDAY  
10 FEBRUARY**

**▶ 8:50AM TO 3:00PM**

## COMMUNITY INFORMATION



### 2021 Term 1 Start Dates



Friday 5 February  
Year 7, 11 & 12 students return with peer support learning & lunch provided. Bring recess.

Year 7 & 12 require swimmers & water activity note if it has not been returned.



Monday 8 February all years attend



- 1. THE PROGRAM**  
Gold Standard program fully supported – no other program can compare!
- 2. THE VALUE**  
Over \$30,000 in scholarship funding including one year's education with full board and allowance with minimal contribution of less than \$10,000.
- 3. THE FAMILIES**  
Two to Four families all selected and checked by Rotary.
- 4. THE NETWORK**  
No other program can provide a network of exchange students from all over the world like Rotary Youth Exchange. From the moment you are accepted you have past and present students with you every step of the way.
- 5. THE BLAZER**  
The ultimate in exchange wear!!
- 6. THE MEMORIES**  
Your exchange does not finish when you return home. You can join ROTEX and continue to contribute to your community and grow leadership skills.
- 7. THE SUPPORT**  
RYPEN, RYLA, ROTEX, Mentor, Counsellor, Outbound Co-ordinator – we provide it all.
- 8. THE EXPERIENCE**  
No other program offers the opportunity for a group tour of their region – be it Europe, the Amazon or Lapland. A memorable tour with around 30-40 other Rotary exchange students.
- 9. THE LEGACY**  
It is not a year in a lifetime – it is a lifetime in a year.
- 10. THE PREPARATION**  
Two orientation weekends to prepare both students and parents for exchange, plus a return weekend to prepare for school and life beyond exchange.

For more information contact Bruce McIntyre [bruce.mcintyre1@bigpond.com](mailto:bruce.mcintyre1@bigpond.com)  
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6 week, 3 months + 1 year options available

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