

Deni High News



Principal: Glen Warren

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Issue 5 Term 2 - Week 9

Friday 23 June 2023

PRINCIPAL MESSAGE

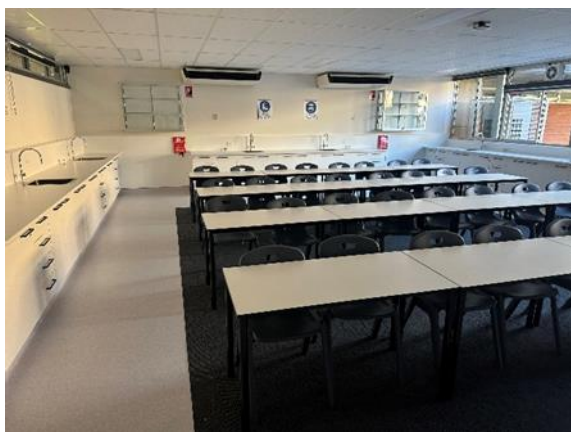
As we approach the end of another successful term, I would like to take a moment to reflect on the achievements and highlights of the past few months. It has been a period filled with growth, learning, and memorable experiences for our students, staff, and the entire school community.

I am delighted to report that our students have continued to develop and grow throughout the term. Their dedication, hard work, and the support they receive from our committed teachers have contributed to their remarkable achievements. We have witnessed outstanding performances in various subjects, with students consistently demonstrating their knowledge, critical thinking skills, and creativity. These accomplishments reflect their commitment to learning and the collaborative efforts of our dedicated teachers.

Beyond the classroom, our students have enthusiastically participated in a wide range of extracurricular activities. Whether it be sports, arts, or community service, our students have eagerly embraced opportunities to explore their passions, develop new skills, and forge lasting friendships. Our sports teams have achieved outstanding results, and this is a result of many hours of hard work from teachers.

Diversity and inclusion are fundamental principles we hold dear at our school. We have fostered an inclusive environment that celebrates the unique backgrounds, experiences, and perspectives of each student. Our aim is to provide a safe and supportive space for every student to thrive and grow, and we will continue to prioritise our values of Respect, Responsibility and Co-operation. It was particularly rewarding to be able to offer students the opportunity to attend a session with Legless and Blind. Mike and Ben were able to share a valuable message around adversity which is a part of life, and we need to be ready to respond when the next challenge comes our way.

The first stage of our Science Lab upgrade is now complete. Two rooms and the Prep room have been completed. I have included a few pictures of the two spaces. Work on the next two labs and staffroom is due to commence in the holidays.



Nyernangurrang nyumangurrang katimang nyuman Kurrek Wamba Wamba Perrepa Perrepa Kuli Pakaya-puk Mim kilayitya kiki.

We would like to pay our respects and acknowledge the traditional custodians of the land, the Wamba Wamba and Perrepa Perrepa people and also pay respect to Elders both past and present.

PRINCIPAL MESSAGE CON'T

I would like to express my sincere appreciation to our dedicated teachers and staff members who have gone above and beyond to create a nurturing and stimulating environment for our students. Their unwavering commitment, passion, and creativity have played a pivotal role in our students' success. Their dedication to their craft and their ability to inspire our young minds is truly commendable.

As we bid farewell to this term, we eagerly anticipate the opportunities and challenges the next term will bring. We are committed to providing an enriching and engaging educational experience for our students, equipping them with the knowledge, skills, and resilience they need to thrive in an ever-changing world. While we are faced with a state-wide staffing shortage the staff at Deniliquin High School continue to go above and beyond to provide a quality educational experience to all our students.

As we prepare for a well-deserved break, it is essential to reflect on our accomplishments while setting goals for the future. The next term brings new opportunities for growth, learning, and further achievements. Let us embrace the challenges that lie ahead, knowing that together, we can overcome any obstacle and continue to make our school community thrive.

Glen Warren
Principal

LEGLESS & BLIND

Deniliquin High School was fortunate to have guest speakers Mike Rolls and Ben Pettingill, who call themselves Legless and Blind, visit to speak to our students about resilience, mental health and support services. Both men experienced life changing events as teenagers, and while each circumstance was entirely different, the methods they used to bounce back, were the same!

Mike contracted Meningococcal Septicaemia at the age of 18. He was on football trip to Hobart and awoke in hospital with no memory of how he got there. He lost two fingers on his right hand and, one leg above the knee and the other below his knee. He has since undergone further surgery and is now a double amputee above the knee. Mike has faced an incredibly long journey back to health that was aided by a positive outlook, an adaptive mindset and a conscious decision to embrace uncertainty.

Ben is blind from a genetic disorder. At the age of 16, he went to hospital as his vision was blurry and woke up the next day with 98% of his vision gone. He sees flashes of light in the middle of his vision. He enjoys waterskiing and was the first blind man to compete in the Southern 80. Ben didn't cry about being blind for the first two years as he was too busy ensuring everyone else around him was ok. It wasn't until his father asked him three times if he was really okay that Ben broke down and came to terms with diagnosis.

Both men have strong parental connections and spoke about the importance of developing a network. They explained the four steps they see as being significant in developing resilience and overcoming adversity.

1. Build your team
2. Lean on your mates
3. Calculate your control
4. One step at a time



LEGLESS & BLIND CON'T

"I found Legless and Blind engaging and funny, as well as inspiring and educational. Ben and Mike shared their stories of resilience and courage and taught us ways to become more resilient ourselves. My favourite part was the game of Bear, Fish and Mosquito!" Henry

"I really enjoyed it. It opened my perspective of challenges that others face on a daily basis" Cooper

"The depiction of removing the 'Why me?' ideology was a real eye opener" Ben

It got real very quickly. We were vaccinated against meningococcal last week. I have nothing to complain about (getting a needle)." Kaili

"It was really good. I liked them sharing their experiences". Abbey



ENGLISH NEWS

Students in Year 7 have been exploring the concept of 'The Hero's Journey'. This has involved them analysing films that explore key features involved through a hero's journey. Students have crafted plots and film posters to create their own original ideas. 7 Orange has been hard at work, developing their understanding of elements of the journey in class.

Students in Years 9 and 10 have their assessments due on Monday, Week 10.



WELLBEING MATTERS

YEAR 8 WELLBEING DAY

On Friday, June 9 the Year 8 Well-being Day was held at Memorial Park. We started the day with talks from Intereach and HeadSpace before dividing into groups to be involved in a wellbeing activity. These included the very popular fishing, river walk, crochet, model making, yoga, Mario Kart, Art with Jo and 'henna' hand tattooing. Students chose two activities to be involved in. A great morning tea and lunch was provided before we broke up again into teams for some physical or mental games. The mental activity involved team construction of Hogwarts Hospital Lego kits, we have been lucky to purchase through Goods360 at a hugely reduced price.

We would like to thank all the staff who co-ordinated our activities and our guest speakers, Jayden, Tiff and Robbie, from HeadSpace and Intereach. We even got Mr Warren out with a fishing rod!

Unfortunately, we have had to postpone our Year 7 day until next term, due to poor weather. Keep your eyes peeled for more information.



WELLBEING MATTERS CON'T

ABORIGINAL EDUCATION OFFICER

It is with great excitement that we welcome our new AEO, Keisha Egan. Keisha will join our Well-being Team and take on the fantastic programs started by Chantall Barnes. Keisha will be working Monday to Friday and can be contacted via Leah in the Well-being Reception.

We will be hosting an event in August to discuss PLPs with families and give them a chance to say hello to Keisha.

FEELING FANTASTIC

Kylie Andrews, our Student Support Officer commenced facilitating Feeling fantastic last week. Kylie is working with a year 7 group in term 2 which will continue into term 3 and finish up with a party for all the amazing participants.

FEELING FANTASTIC – This program helps us to understand our feelings, moods and emotions. The 6-week program has been received by Year 7, 8 and 9 girls in the past and has given the students an opportunity to reflect on personal experiences and relate to various stories within the program model.

FANTA shares a new meaning for us now!

TIRKANDI INABURRA CULTURAL AND DEVELOPMENT CENTRE

Ben Curphey the Future Care Manager was in town on Tuesday May 24 to see a few of our students.

Ian, Angus, Jarren and Sean enjoyed the day out and got a surprise to see Jarvis and Aunty V.

At the Yarkuwa Cultural Centre, they were talking about a ranger program they are running, Sean and Angus were interested in possibly doing this. It was great to see Ty Ross Gardam there, as he is already part of the ranger program. He spoke to the boys about his experiences at Tirkandi and how he got to where he is now.



SUSTAINABILITY

During this term, Sustainability Agriculture classes have been working on a range of areas both in the classroom and at the school farm. They have conducted experiments to determine the requirements of germination – Water, Warmth, Oxygen and Healthy seed. They also proved seeds do not need light in order to germinate. Which shouldn't be a surprise to anyone, as seeds germinate underground. Students have also been working with animals at the school farm including the 7 new calves born this term. They are weighing the calves regularly and are starting to record the data on an excel spreadsheet where they will be able to adjust the data for age to make comparisons fairer.

Students were also enthusiastic when given the opportunity to hand milk some of the cows out the farm. It has been great to see the confidence in working with animals building amongst the students.



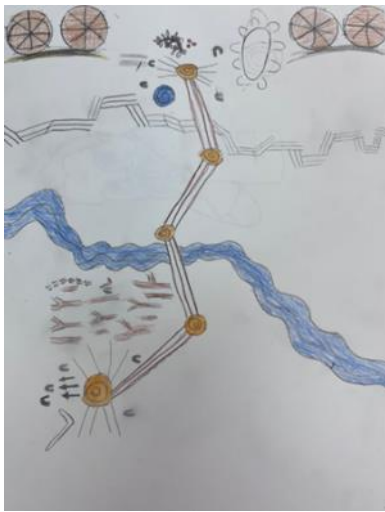
CULTURE PROJECT

During Culture lessons students have been working hard to create an artwork that uses Indigenous symbols to tell a story about themselves and their community. Each student has drafted their artwork before moving on to painting the final product.



Can you guess what some of these symbols represent?

Here are a few draft artworks from 7CulB



UNIFORM

Our uniform has been designed to not disadvantage any student. Items are affordable, comfortable, made from easy-care and easy wear fabrics and are appropriate for all activities. The availability of items locally has been considered. We have made a concerted effort to ensure the uniform items are financially accessible to all. Please do not allow your child to wear branded items as this creates a 'have and have nots' situation.



THE WEATHER IS GETTING COLDER!

**SCHOOL
SCARVES AND
BEANIES ARE IN
STOCK AT
DENI CLOTHING
CO.**



CAREERS NEWS

What a wonderful Work Experience Week our very lucky Year 10 students had! They were scattered to the four winds enjoying their week in their respective workplaces. We had students placed here, there and everywhere. The week was a success in most part due to the fantastic relationship we have with our community. The Work Experience program is such an eye opener and introduction to the adult world of employment. The students gain so many wonderful insights and opportunities. Some students have even returned with their pathway set for the end of their schooling. Congratulations to all the Year 10 students who participated in the program this year. Remember, if you have a burning ambition to try something different, then make an approach to the employer and talk to the principal to get all clear to do another placement later in the year. **THANK YOU TO ALL OF THE EMPLOYERS WHO CONTINUALLY SUPPORT THIS PROGRAM, YOU ARE WONDERFUL!**



SUBJECT SELECTION – YEAR 10

Next term our Year 10 students will be selecting their subjects for 2024/2025 (HSC). In the lead up to this big decision making period, students will be learning about all the rules and regulations that NESAs have in place to ensure students are undertaking the HSC in a fair and equitable manner. As a part of this decision making process, we like to remind students and their parents that students should be selecting subjects based on informed decisions and discussions with relevant parties. Students will be involved in presentations from faculties and they are encouraged to seek out teachers who teach the senior subjects, to familiarise themselves with what each course entails. Students will also receive a comprehensive Senior Prospectus which they are encouraged to take home to parents. The guiding principles around senior subject selection should be; that the student likes the subject and/or are good at it and that they may need it in the future.

CAREERS NEWS CON'T

YEAR 11 MELBOURNE EXCURSION – TERM 4

Interested Year 11 students have made their selections for the Melbourne Excursion. The next step will be the distribution of excursion notes and a request for a deposit. The Melbourne excursion is about exposing our students to the range of pathways and transition opportunities open to our students post secondary school. Students will familiarise themselves with the public transport system and the many opportunities open to them in the future. We strongly encourage our Yr 11 students to participate in this worthwhile experience.

MARCUS OLDHAM OPEN DAY - 30TH OF JULY

Students interested in a career in the Agribusiness, Agriculture or Equine sectors may wish to attend the Marcus Oldham Open Day next month. The Open Day is scheduled for the 30th of July from 10am – 4pm AEST, they are looking forward to having potential students and their families visit the College. Similar to last year, the information sessions will be livestreamed for those that cannot make it down to Geelong. We're asking anyone interested to register at <https://marcusoldham.vic.edu.au/open-day>. If you cannot make it to the event, upon registration you will be sent a link to the livestream on the day.

UNIVERSITY OPEN DAYS 2023

A comprehensive list of university open days across Australia can be found at this link:

<https://myfuture.edu.au/assist-others/open-days> Click on the university links you are interested in so that you can see which campus is part of the open day.

MACQUARIE UNIVERSITY COURSE WEBINARS – YR 12

Join Macquarie Uni Year 12 webinar series to learn everything you need to know about university – from applying and exploring their courses and entry programs, to reducing Year 12 study stress and leaving home. The friendly Future Students Team will be on hand to answer all your questions across six not-to-be-missed webinars. All times are from 6pm – 7pm AEST. Follow this link for registration and full details: <https://page.mq.edu.au/FS-UG-WEB-2023-05-1689--Year12WebinarSeries.html>

Psychology at Macquarie 5 July

- Why study psychology at Macquarie
- How to become a psychologist - pathways to honours and postgraduate study at Macquarie
- How the study of psychology can help with your future career

Business and Commerce at Macquarie 12 July

- The new Bachelor of Business and refreshed Bachelor of Commerce
- How to choose – Bachelor of Commerce or Bachelor of Business?
- The benefits of a degree from Macquarie Business School

Relocating to Macquarie 19 July

- Accommodation options at Macquarie
- Scholarships for regional and rural students
- Stories from students who have relocated

Year 12 guide to uni - Watch on demand

- How to maximise your opportunities for entry options
- UAC, preferences, and selection ranks
- How we set students up for success

Early Entry info session - Watch on demand

- Macquarie Leaders and Achievers Early Entry Scheme
- Schools Recommendation Scheme
- Key dates and application information

Study without stress - Watch on demand

- Managing expectations and beliefs about exams
- Tips and procedures for problem solving
- Support services available at Macquarie

ACU Guarantee

The ACU Guarantee program offers eligible Year 12 students a place at ACU based on your Year 11 results. Join ACU to learn detailed information on how to apply to this early offer program, and hear current students share their experiences.

This webinar is for NSW, ACT and Queensland students only. Follow this link to register your interest:

<https://www.acu.edu.au/about-acu/events/2023/july/acu-guarantee-early-offer-application-process-and-student-panel-nsw-act-qlld-webinar>

CHARLES STURT ADVANTAGE – ROUND TWO OFFERS CLOSING SOON – YR 12

With the Charles Sturt Advantage, you can get a guaranteed spot in your course before you sit your final exams. Last year they made almost 6,000 early offers – and now it's your turn! Follow this link for the full details on how to apply: <https://study.csu.edu.au/study-options/pathways/charles-sturt-advantage>

PBL AND RESTORATIVE PRACTICES

Deniliquin High is a Positive Behaviour for Learning (PBL) and Restorative Practices school.

PBL is an evidence-based framework that brings together the whole-school community to contribute to developing a positive, safe and supportive learning culture. This allows young people to improve their social, emotional, behavioural and academic outcomes.

Deniliquin High School's core values are Respect, Responsibility and Co-operation. Students are expected to display these values in all areas of DHS. As part of the school's PBL implementation, teachers acknowledge the positive behaviours demonstrated by the students. They do this by making a positive entry in Sentral.

Each Wednesday, the students who have received a positive entry go into a draw for a canteen voucher and a chance to select a song for the bell music. There are two winners from each year level. The school's PBL team would like to thank the canteen for their support.

Each Wednesday, the school body also receives a whole-school reward for their positive behaviour. This varies from term to term and includes ideas such as extended lunch breaks, zooper doopers, sausage sizzles.

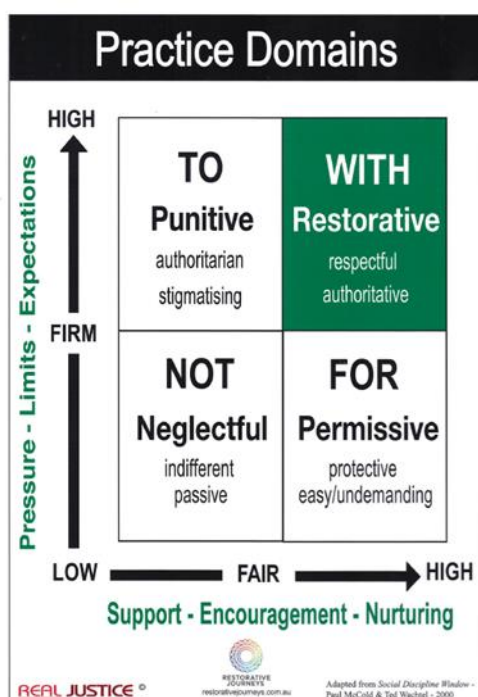
Restorative practice is a whole-school teaching and learning approach that encourages supportive and respectful behaviour. It puts the onus on individuals to be truly accountable for their behaviour and repair any harm caused to others due to their actions.

A restorative approach focuses on building, maintaining and restoring positive relationships, mainly when interpersonal conflict or wrongdoing occurs.

At Deniliquin High School, restorative conversations happen between staff and students when there is an incident in the classroom to look at ways the student's behaviour can be improved for the benefit of all students. To assist students struggling with improving their behaviour, the school has a card monitoring system where students, in consultation with Head Teachers or Deputies, decide on two or three areas for improvement. Students report back to their assigned Head Teacher or Deputy each break and at the end of the day to monitor progress.

Caramel cards are used for early intervention when it is noticed students starting to have a few minor negative entries on Sentral. This is a mentoring process to assist students improve their application and behaviour in identified areas. Usually, a Head Teacher or suitable staff member is identified as a mentor. Parents are notified and updated about progress. Student reports to teacher at each break and may be detained for detention if they do not meet goals. This hopefully turns behaviour around.

Green cards are higher order. This is a behaviour monitoring card instigated by a deputy for more serious behaviours. Poor scores on these usually end up in reflection.



Restorative Questions I
When Things Go Wrong

- What happened?
- What were you thinking of at the time?
- What have you thought about since?
- Who has been affected by what you have done? In what way?
- What do you think you need to do to make things right?

Restorative Questions II
When Someone Has Been Hurt

- What did you think when you realised what had happened?
- What impact has this incident had on you and others?
- What has been the hardest thing for you?
- What do you think needs to happen to make things right?

REAL JUSTICE®
www.realjustice.org

RESTORATIVE JOURNEYS

NATIONALLY CONSISTENT COLLECTION OF DATA ON SCHOOL STUDENTS WITH DISABILITY (NCCD)



Dear parents, guardians and carers

Re: Nationally Consistent Collection of Data on School Students with Disability (NCCD)

Every year, all schools in Australia participate in the Nationally Consistent Collection of Data on School Students with Disability (NCCD). The NCCD process requires schools to identify information already available in the school about supports provided to students with disability. These relate to legislative requirements under the *Disability Discrimination Act 1992* and the Disability Standards for Education 2005, in line with the *NCCD guidelines* (2019).

Information provided about students to the Australian Government for the NCCD includes:

- year of schooling
- category of disability: physical, cognitive, sensory or social/emotional
- level of adjustment provided: support provided within quality differentiated teaching practice, supplementary, substantial or extensive.

This information assists schools to:

- formally recognise the supports and adjustments provided to students with disability in schools
- consider how they can strengthen the support of students with disability in schools
- develop shared practices so that they can review their learning programs in order to improve educational outcomes for students with disability.

The NCCD provides state and federal governments with the information they need to plan more broadly for the support of students with disability.

The NCCD will have no direct impact on your child and your child will not be involved in any testing process. The school will provide data to the Australian Government in such a way that no individual student will be able to be identified – the privacy and confidentiality of all students is ensured. All information is protected by privacy laws that regulate the collection, storage and disclosure of personal information. To find out more about these matters, please refer to the [Australian Government's Privacy Policy](https://www.education.gov.au/privacy-policy) (<https://www.education.gov.au/privacy-policy>).

Further information about the NCCD can be found on the [NCCD Portal](https://www.nccd.edu.au) (<https://www.nccd.edu.au>).

If you have any questions about the NCCD, please contact the school.

Kind regards

Glen Warren

Principal

OPEN NETBALL TEAM

On Thursday 12th June, our Open girls netball team participated in the Riverina Knockout held in Albury, and at the end of the day were announced the Riverina champions!

Our journey to victory was filled with exceptional teamwork. In our first game, we faced off against Murray High, and our team showcased their skills by securing an impressive victory with a score of 24-5. This set the tone for our future matches and instilled confidence in our players.

Moving forward, we faced Leeton in the second game, where our team continued to dominate the court, securing another victory with a score of 17-5. The momentum kept building as we approached the third game against Wagga, and once again, our team displayed their prowess by emerging triumphant with a remarkable score of 24-3.

With each victory, our confidence soared, and in the last game of the pool stage against Tumbarumba, our team gave an outstanding performance, securing a resounding victory with a score of 23-1. These impressive results ensured that we emerged as the winners of our pool, setting the stage for the finals against other pool winners.

In the semi-finals, we faced a tough challenge against Billabong High. The match was closely contested, with both teams giving their all. When the full-time whistle blew, the scores were tied. However, in the additional 10 minutes of play, our team displayed remarkable determination and skill, managing to secure a two-point lead before the final siren. This hard-fought victory propelled us into the grand final.

The grand final was an intense encounter, as we faced our arch-nemesis, Albury High. Both teams displayed exceptional skill and tenacity, but it was our mental and physical strength that ultimately set us apart. In a physical battle, our team emerged victorious by a single point, showcasing our unwavering determination and resilience.

I would like to take this opportunity to extend a heartfelt thank you to Mr. Lethbridge, who served as an extraordinary scorer throughout the tournament, meticulously recording every goal. Additionally, I would like to acknowledge Lily Westcott, who umpired the games with great gusto, ensuring fairness and sportsmanship prevailed throughout the matches.

Our exceptional performance in the Riverina Knockout has not only brought us well-deserved recognition but has also granted us an opportunity to compete in the upcoming NSWCHS Championships in Wollongong at the end of August. This is a remarkable achievement and a testament to the dedication and talent of our netball team.



COMMUNITY INFORMATION

DATES TO REMEMBER

TERM 2
JUNE

- 27 P&C Meeting 6pm
 29 Formal Assembly 11.00am
 YES Program - TAFE
 30 Students last day Term 2

TERM 3

- 19-21 Ski Trip
 25 P&C Meeting 6pm

ASSESSMENTS DUE

TERM 2
WEEK 10

- Yr 7 Mathematics
 Yr 9 English, Child Studies
 Yr 10 Commerce
 Yr 11 English Extension 1
 Yr 12 Agriculture, Chemistry, Visual Arts, CAFS

TERM 3
WEEK 1

- Yr 7 Visual Arts
 Yr 10 Visual Arts
 Yr 11 Mathematics Extension 1
 Yr 12 English Advanced, Standard & Studies

WEEK 2

- Yr 10 Timber, Metal
 Yr 11 Biology
 Yr 12 Biology, Food Tech, Physics, SLR, Science Extension

WEEK 3

- Yr 8 Science
 Yr 9 Timber, Metal
 Yr 10 Commerce, Child Studies
 Yr 11 Industrial Tech (Timber), PDHPE, Exploring Early Childhood.
 Yr 12 Music, Numeracy



DENILIQVIN HIGH SCHOOL
TERM DATES 2023

TERM 2

LAST DAY OF TERM - FRIDAY 30 JUNE

TERM 3

TUESDAY 18 JULY -FRIDAY 22 SEPTEMBER

TERM 4

MONDAY 9 OCTOBER - MONDAY 15 DECEMBER

FREE!

Table Tennis Coaching

School Holiday Program
Deniliquin Stadium

Session Times

Tuesday 11/7
1.00 pm - 2.00 pm

Wednesday 12/7
10.00 am - 11.00 am
2.30 pm - 4.00 pm

Thursday 13/7
3.00 pm - 5.00 pm

(Maximum 6 players per session)

(Equipment provided)

Bookings essential

Contact Judy on 0427 100 818

Qualified Table Tennis Victoria
Coach

P & C
MEETING
27 JUNE

6pm in the Admin
Building or on Zoom

ALL WELCOME

COMMUNITY INFORMATION CON'T



LEMONS WANTED

Home Economics would love lemons donated.

Please drop to the Front Office.



SCIENCE CHALLENGE

SCAN TO REGISTER!

SAVE THE DATE

Robogals
Science and Engineering
Day 2023

Melbourne Chapter

Date: Thursday, 29th June 2023

Time: 9:30am - 2:15pm

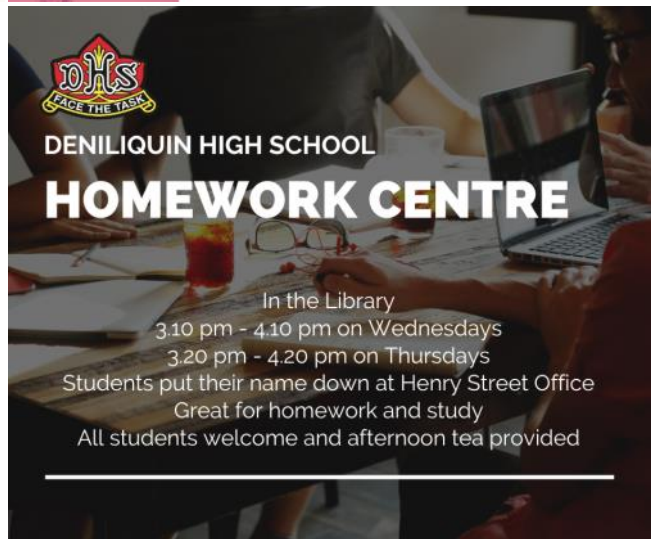
For more info contact:
melbourne.schools@robogals.org



DHS
BREAKFAST PROGRAM

Monday, Wednesday & Friday out of the MPC kitchen.

8.20am to 8.50am



DHS
DENILIKUIN HIGH SCHOOL
HOMEWORK CENTRE

In the Library
3.10 pm - 4.10 pm on Wednesdays
3.20 pm - 4.20 pm on Thursdays
Students put their name down at Henry Street Office
Great for homework and study
All students welcome and afternoon tea provided

Joyful June 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1. Think of 3 things you're grateful for and write them down	2. Get out into green space and feel the joy that nature brings	3. Do something healthy which makes you feel good	4. Decide to look for what's good every day this month	5. Say positive things in your conversations with others	6. Re-frame a worry and try to find a helpful way to think about it	7. Take a photo of something that brings you joy and share it
8. Write a gratitude letter to thank someone	9. Take a light-hearted approach. Choose to see the funny side	10. Share a happy memory with someone who means a lot to you	11. Find joy in music: sing, play, dance, listen or share	12. Ask a friend what made them happy recently	13. Bring joy to others by doing something kind for them	14. Eat good food that makes you happy and really savour it
15. Get outside and find the joy in being active	16. Rediscover and enjoy a fun childhood activity	17. Send a positive note to a friend who needs encouragement	18. Look for something to be thankful for where you least expect it	19. Speak to others in a warm and friendly way	20. Take time to notice things that you find beautiful	21. Look for something good in a difficult situation
22. Make time to do something playful, just for the fun of it	23. Be kind to you. Do something that brings you joy	24. Notice how positive emotions are contagious between people	25. Share a friendly smile with people you see today	26. Create a playlist of uplifting songs to listen to	27. Bring to mind a favourite memory you feel grateful for	28. Show your appreciation to people who are helping others
						

ACTION FOR HAPPINESS **Happier · Kinder · Together**